

morpheus

MEDICAL AESTHETICS

BEFORE & AFTER YOUR MICRONEEDLING/MATRIX PRO TREATMENT

BEFORE YOUR MICRONEEDLING/MATRIX PRO TREATMENT:

- Avoid the use of NSAIDS (aspirin, ibuprofen, naproxen, etc.) during your treatment series because all anti-inflammatory medications affect the effectiveness of the procedure (we want inflammation post treatment).
- ALL retinols must be stopped one week before your treatment.
- On the day of your appointment, approximately 45 minutes-1 hour before your treatment: place a thin layer of topical numbing (included in your bag) to your entire face. Numbing medication should NOT be applied inside the mouth, nostrils, or around the eye area. Please arrive to your appointment with the numbing medication already applied.

AFTER YOUR MICRONEEDLING/MATRIX PRO TREATMENT:

- Immediately after your Microneedling treatment you will be red and feel as if you have a mild sunburn. Redness will subside in 48 hours, the stinging will subside within 2 hours, and your skin may feel drier than normal.
- On the day of the treatment, and for the following 24 hours, avoid putting anything else on your face.
- Starting 24 hours after your treatment, apply a moisturizer and sunscreen daily and as needed. We carry and recommend Alastin Regenerating Skin Nectar.
- STAY OUT OF THE SUN! Avoid sun exposure for at least 24 hours. Avoid swimming and exercise that causes heavy sweating 24 hours. Avoid waxing or chemical peels for 2 weeks.
- Do not apply active topical creams (like Retinols, Vit C, or Glycolic/Lactic acids) until the healing is complete (3-4 days).
- Repeat treatment after 4-5 weeks. When completely healed 7-10 days we recommend a HydraFacial for the best results and longevity of procedure.